

## Deployment and safe use of soft restraint and safer holding system The Orchard Clinic

Aim	To provide a safe framework for staff to work within when caring for highly disturbed individuals displaying high levels of violence to others, or to themselves
Statement	All staff will be trained in the safe deployment for safer holding system and soft restraint system.
Communication	To all staff via training sessions and refresher sessions which are currently run every two weeks.
Actions	<ul> <li>Orchard Clinic management of aggression work based advisors will be trained to a level which will allow the training of other staff.</li> </ul>
	<ul> <li>Staff will attend theoretical sessions on the use of these restraint systems prior to physical skills training.</li> </ul>
	<ul> <li>Staff will attend skills training in the application of the soft restraints and the safer holding system, and will be assessed on the safe application of these restrains.</li> </ul>
	<ul> <li>There will be a clear process for decision making regarding the use of these systems.</li> </ul>
	<ul> <li>Risk assessments will be carried out on individuals who either it is planned to use the soft restraints and the safer holding system on e.g. transfer, transport or for those who require emergency application, one will be completed as soon as used</li> </ul>
	<ul> <li>There will be a robust recording system for completion during the application and use of the restraints.</li> </ul>
	<ul> <li>Staff will be made aware of the importance of recording the use of this system on DATIX as soft restraint use or as safe holding system use.</li> </ul>
	<ul> <li>Staff will read and sign they have read and understood the standard operating procedure and policy for the use of, and deployment, of the safer holding system and soft restraints.</li> </ul>
	<ul> <li>There will be continual refresher sessions for all staff to ensure skill levels remains high and that patient safety is NOT compromised following initial training minimal annual update will be required</li> </ul>
	<ul> <li>There will be a formal de-brief for staff following the use of safe holding system and soft restraints.</li> </ul>
	<ul> <li>There will be a formal de-brief offered for patient, carers, named persons and family where possible</li> </ul>
Unexpected Events	There should be none as all staff will spend time on the use of and the reasons for the use of soft restraint and safer holding systems.
	As this is a new intervention we will record any unexpected events, analyse and using quality improvement methodology improve any noted deficits in practice
Audit	We see the use of these systems as very infrequent so we would envisage an annual audit, however there will be monthly checks on the equipment and staff training levels.